

100 E. Church St.  
Waterford, Ontario  
NOE 1Y0  
519-443-8942

**Principal**  
Mrs. D. Opersko

**Office Co-ordinator**  
Mrs. S. Hofland



We ask that parents of our Grade 3 and 6 students **do not** plan any appointments or vacations during the upcoming EQAO provincial assessment period.

**Grade 3:** May 23, 24 and 25

**Grade 6:** May 29, 30 and 31



### Important Dates for this Month:

Grade 4 Swimming	Fridays - April 6, 20, and 27
Booster Club	Wednesdays - April 4, 11, 18 and 25
OPP Kids	April 18 and 27
Monday, April 2nd	Easter Monday – no school for staff and students
Tuesday, April 10th	Bring in used books and magazines for our Book Swap
Wed., April 11th	International Day of Pink, wear pink today
Thurs., April 12th	Grade 6/7 and Grade 7 to Backus Mill today, Biker spirit day, Kinder Family Fun Night from 6 – 8 p.m.
Friday, April 13th	PA day, no school for students
Monday, April 16th	Assembly to share Skate-a-thon results at 11:10 a.m., parents welcome
Wed., April 18th	Book and Magazine Swap at both nutrition breaks and recesses
Thurs., April 19 <sup>th</sup>	Bring a litter-less lunch today
Friday, April 20th	Grade 6/7, 7 and 8 trip to WDHS Musical production, some classes will help clean up the Shadow Lake Trail, Blue and Green spirit day to honour Earth Day
Sunday, April 22nd	EARTH DAY
Wed., April 25th	Dr. Templeman Childhood Anxiety presentation in the gym from 6:30 – 9 p.m.
Monday, April 30th	Jump Rope for Heart Kick Off Assembly at 11:10 a.m.
Fire Drills: (Weather permitting) April 19 and 26	
Lockdown Drill: April 24 at 9 :30 a.m. – Please note: no visitors will be admitted into the school during this drill	

### A Message from the Principal:

April showers bring May flowers and warmer weather to enjoy! Just like the grass and flowers are growing and the buds are blooming, so are our kids. They continue to impress me with their eagerness to participate in all aspects of school life. Last month older students asked if they could play lacrosse catch at recess on Fridays and made a plan to make this happen. Over thirty students from Grade 3 -8 led our Bunny Basketball shoot and many students from K-8 participated and also contributed to the Food Bank.

As the weather improves, teachers have been asked to review the rules for using our playground equipment safely. The swings and playground equipment will be open for use when the weather permits. On rainy days the equipment will be closed, as it is too slippery to use.

We hope your child(ren) will enjoy the many activities planned for this month, including our Earth Day events.

Mrs. Opersko

On the back of this page you will find a flyer for an upcoming school event. This special evening is for adults only and will provide an opportunity to learn more about childhood anxiety. Please register using the information at the bottom of the flyer, so we will know how many people to expect for refreshments and handouts. Hope you can join us!



The Grand Erie Parent Involvement Committee and the  
School Councils of Waterford Public School and Boston  
Public School present:

# MANAGING CHILDREN'S ANXIETY AT HOME

Dr. David Templeman,  
Child and Adolescent Psychiatrist

**Wednesday, April 25**

**6:30–9 p.m.**

Waterford Public School,  
100 East Church Street, Waterford, ON

**Special Guest: Dr. David Templeman**  
Child and Adolescent Psychiatrist

An interactive presentation that will:

- Provide a framework for understanding anxious children's behaviour
- Teach specific strategies that parents can use at home to help children manage anxiety



To register for this free workshop, please email Deb Opersko, Principal at Waterford Public School at [deborah.opersko@granderie.ca](mailto:deborah.opersko@granderie.ca) or 519-443-8942, ext. 516001. You can also contact: Cam MacDonald, Principal at Boston Public School at [cam.macdonald@granderie.ca](mailto:cam.macdonald@granderie.ca) or 519-443-5003, ext. 513001

*SUCCESS* for Every Student



## Earth Day Activities:

Earth Day is on Sunday, April 22<sup>nd</sup>. The following activities are planned to celebrate and protect our beautiful planet:

# BOOK SWAP

Our school will be holding a student and staff Book and Magazine Swap on **April 18<sup>th</sup>**. We hope to promote reading by getting “new-to-you” books and magazines in the hands of the students and less waste in our landfill.

### How Does It Work?

- Families will be encouraged to clean out their bookshelves.
- Students will bring their books and magazines to their homeroom teacher on **April 10<sup>th</sup>**.
- Teachers will print the child’s name on a coupon and how many books/magazines the student donates. The child receives the coupon on the **18<sup>th</sup>** and he/she will present it to our Kindness Crew helpers to show how many items he/she may choose.
- Lost or misplaced coupons will not be replaced. Students are welcome to share their coupons with others.
- On **April 18<sup>th</sup>**, the books will be placed in the hallway, on tables near the office, for student browsing and selection. An announcement will be made for students with coupons to come and make their selections at a.m. or p.m. recess.



On **April 19<sup>th</sup>**, every staff member and student is challenged to bring a litter-less lunch to school.

### Tips for creating a no waste lunch:

- Use a lunch box or reusable sack to carry your lunch in
- Compost what you can
- Pack a cloth napkin and reusable utensils
- Put food and drink in reusable containers
- Wash out plastic baggies and reuse them
- Pack fresh fruit – no packaging required!
- Buy snacks in bulk and repackage them in reusable containers



Did you know that if you use a disposable lunch this can create 4-8 ounces of garbage every day? This can add up to over 100 pounds a year.

Source: <https://www.recycleworks.org>

On **April 27<sup>th</sup>** staff and students are encouraged to show their Earth Day school spirit by wearing blue and green. Some of our classes will spend a part of the day helping to “spring clean” the Shadow Lake Trail. More details will come home if your child’s class will be involved in this activity. Parent volunteers are welcome! (Rain Date; Tuesday, May 1st)

### **Head Lice:**

Even though it is very common, many parents have never dealt with head lice and are not sure what to look for. You may be frustrated and confused by the myths and not know how to treat it. If you are interested in volunteering to help check for head lice in the school, please call Mrs. Opersko.

Head lice are tiny, greyish insects that live and breed on human hair. Nits or eggs appear as tiny white specks attached to the individual hair shafts. Head lice prefer to live on clean, healthy hair. They are most likely spread by head to head contact and cannot jump, fly or be spread by pets or animals. Please check your child for head lice and/or nits (eggs) regularly. If you discover head lice, information about the best treatment can be obtained by contacting your doctor or pharmacist.

Please notify the school office if you find that your child has head lice. We understand parents' and students' need for confidentiality but we are obliged to inform parents of other students in the same class of the presence of head lice. Once head lice have been found, students may not return to school until they have received proper treatment and all the nits have been removed from the hair. Parents must bring their child to the office to be checked by a school staff member prior to returning to class.

### **Dress Code Reminder:**

Students, staff and volunteers are required to wear proper attire that displays good taste and demonstrates respect for themselves and others.

Hats (or headwear, including hoods) must be removed when inside the building, unless for a specified activity i.e. spirit day. Hair bands are permitted.

Appropriate footwear must be worn at all times, both inside and outside. Inside shoes, with no scuff soles for the gym floor, are required. Shoes with wheels are not allowed at school.

Clothing must be appropriate to a school setting:

1. Shirts must be at least waist length and overlap pants at all times.
2. Shoulder straps on tops must be at least two fingers wide (no "spaghetti" straps).
3. Necklines, shorts and skirts should fit appropriately and reflect modesty.
4. Pyjama tops, bottoms and nightshirts are not acceptable clothing at school.
5. Appropriate undergarments are necessary and must not be visible.
6. Clothing with inappropriate language/graphics or messages (promoting/ depicting drugs, tobacco, alcohol, racist content, sexual content or violence) is unacceptable at all times.

If a student is dressed inappropriately, he/she will discuss with the teacher or principal the reason why the clothing is inappropriate. The student will be asked to change or cover up until appropriate attire is available. The student may need to call home for a change of clothing or the school may provide something temporarily from the lost and found box.

Please take the time to clearly label all of your child's clothing, gym outfits and personal belongings. The school does not accept responsibility for items lost at school.

