



News from Mrs. Silverthorne

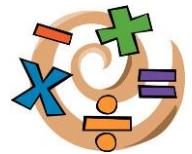
October already! Time is flying by. Students have made a lot of progress in learning routines and my expectations for behavior. We are working through a program called "Mind Up" which helps people learn about how their brain works, and provides strategies for calming the **amygdala**, using the **prefrontal cortex** and accessing the **hippocampus**. We are talking a lot about being MINDFUL in our interactions and our work.



In Language, we are focusing a lot on the writing process, including topic development and editing/revising. Every week, students are given a new writing task, and are expected to post their published work on Fridays. Also on Fridays, students will be writing journals about their independent reading. They are given time in class every day to read texts of their own choosing. We will be discussing different kinds of texts and a variety of teaching strategies that help us understand our reading. At the end of the month, students will report on their learning, using the journals they have written and/or new ideas. I encourage students to read every day at home, too!

To help us with our editing skills, we will be discussing new words every month in our "Nifty Thrifty Fifty" program. The goals of this activity are to expand student vocabulary, explore parts of speech, and emphasize spelling.

We are currently in the middle of a Number Sense unit in math. You should have received a math test to sign! We also practice our timestables daily, with an emphasis on mastering them so as to make our other math work easier. Students should be practicing at home!



In Science, we have been learning about Space, and we have started our discussion on Communities in Canada in Social Studies by focusing on famous Canadians. Be sure to ask your student to tell you what they are learning about their country, the world, and beyond!

Please have students prepared for Gym! They are to change every day (t-shirt and shorts are preferred) and have proper footwear (running shoes). Our gym days are Days 1, 3 and 5.

Have a great October!

Mrs. Silverthorne