

November 2016

Principal – William Valoppi
Vice-Principal – Lynda Kilpatrick

Secretaries – Sheryl Arnold,
Aimee Rixmann

Progress Report Cards

Progress Report Cards go home on Wednesday, November 16th. On the first page, teachers will be providing a letter symbol for each of the Learning Skills and Work Habits (E – Excellent; G – Good; S – Satisfactory; N – Needs Improvement), along with some comments. On page 2, for subjects that have been taught since the beginning of the school year, students will have a check box for Progressing Very Well, Progressing Well, or Progressing With Difficulty. *Note that the Progress Report is not a direct predictor of student achievement on the Report Card, at the end of Term 1* (Term 1 Report Cards will be going home on Thursday, February 16, 2017). Please return the bottom of page 2 of the Progress Report Card to your child's teacher.

Parent – Teacher Conferences are scheduled by homeroom teachers, with most planned for the late afternoon / evening of Thursday, November 17 and the morning of Friday, November 18 (just a reminder that November 18 is a PA Day, so there is no school for students). A form for interview times will be sent home in the very near future.

Remembrance Day

Our annual Remembrance Day service will be held in the gym Wednesday, **November 11, at 12 noon**. We hold it at this later time to allow any students (cadets, scouts, etc.) involved in Cenotaph activities, in the community, to return to school. **Parents are cordially invited to attend this service, in the Lynndale gym.** Following the service, wreaths laid in the gym are moved to the front foyer of the school.



Safety Matters!

We have been having **Fire Drills** as part of safety procedures at Lynndale Heights Public School. Fire Drills help us to practice leaving the school in a quick and safe manner, whether students and staff are in classrooms, in the library or in the gym. We then ensure that no one is in the school. Teachers also report that all students are accounted for.

On Thursday, November 3, representatives from the Sharp Bus Company will give a **School Bus Evacuation** presentation to all Lynndale students. There will be assemblies in the gym, followed by a practice to evacuate an actual bus. Thanks to the older students who will be helping the smaller students off the bus. This will help if ever there is a school bus emergency situation to and from school or during a field trip.

Also, in the very near future, staff and students will be practising **lock down procedures** in case of an emergency. Prior to the practice, teachers will discuss the lock down procedure with students in ways that every age group can understand. They will calmly instruct students how they are to respond when the lock down code is announced over the school's P.A. system. We will do everything we can to inform students that there are very rare occasions when this type of drill is necessary and that their safety is our number one concern. We will use this drill to assess our response and to continue to review our procedures. These drills are intended for schools to practice lock down procedures in response to a threat to the school (e.g. extreme weather conditions, unsafe person inside or outside of the school, situation in the community, etc.). We strongly encourage you to have follow-up discussions with your children about the lock down procedure and help to reassure them that these are rare occurrences and that the staff is trained to address these situations and keep them safe at school.

It's getting cold outside!!!

Please remember that students need to be dressed properly for the cold weather with a warm coat, hat and gloves /mittens. Also, indoor shoes are very important and should be worn in the school, rather than slippers, if we need to go outside in case of an emergency.

In the case of inclement weather, buses may be delayed and even cancelled. If buses are cancelled, then schools are closed. Parents should visit the Grand Erie website for cancellation information (www.granderie.ca) by 6:30 am. You may also get up-to-date information through the following Media sources: *Television* - CHCH TV; *Radio* - 1150 CKOC | 820 CHAM | 102.9 KLite FM | 900 CHML | 107.9 Y108 | Easy 101.3 | CKOT FM (Tillsonburg) | Country 107.3 CJDL FM (Tillsonburg) | MyFM 98.9 | 92.1 - Jewel 92.
Lynndale Heights PS is in Zone 1.

Lynndale Heights Parent Council

The second meeting of the Lynndale Heights Parent Council was held on Thursday, October 20, 2016. The agenda included discussion items such as ARC review and upcoming events (such as fundraising ideas, Turkey Dinner, Snack Program, Hot Dog sales at Open House, sales at school Track & Field). **The third meeting for the Lynndale Heights Parent Council is scheduled for Thursday, November 24, 2016 (7:00 – 8:30 pm).** All interested parents are welcome to attend any or all Parent Council meetings. Meetings occur once a month, usually on the third Thursday.

School Cash Online

Hot Lunches ...

Our hot lunches have been popular. Chicken lunch is every Wednesday and Pizza is every Thursday. **Online ordering for the month of December will begin on November 7 and end on November 25.**

Milk Program....

Chocolate or White Milk is delivered every day. It is paid one month in advance. **Online ordering for the month of December will begin on November 7 and end on November 25.**

School Cash Online

New Online Payment Program Available at Schools Now!

Grand Erie made paying for school items that much easier.

- This program is quick, easy and safe
- You can manage payments for each child in one program
- Your banking and personal information is protected

Register by following the easy steps below:

- Visit www.schoolcashionline.com
- Select "Get Started Now" and follow the steps to register
- After you receive the confirmation email, please select the "click here" option, sign in and add each of your children to your household account.

School staff showcase items for purchase in a School Cash Catalog and post it to the Parent Site. From there, parents receive email notification, check the Parent Site and click through to pay. Funds are moved electronically from the parent's bank account to the school's bank account.

For more information and support contact the Parent Help Desk at 1-866-961-1803 or parenthelp@schoolcashionline.com

Lynndale Sports

We are so proud of our wonderful **Road Race** team that ran at the Norfolk County Fair on Young Canada Day (October 4). You represented Lynndale well. Huge congratulations to Bailey P., Mackenzie S., Jeremy S., Connor K., and Evan R. Thanks to coaches Ms. L. Senko and Mrs. K. Daniel.

Congratulations to all students who participated in this year's **Cross Country** Meet. The students showed great perseverance and everyone successfully completed the race. What a great team! Impressive achievement was shown by Bailey P. and Max T. who were among the top 10 and by Maddie E., Taylor E., Mackenzie S., Teresa B., Evan R. and Dylan C., who were in the top 20. We are so proud of all all students representing Lynndale. Thanks to coaches Ms. L. Senko and Mrs. K. Daniel. Also, thank you to our fantastic team of parent volunteers who made this event a resounding success: Mrs. Trowbridge, Mrs. Hannah, Mrs. Black and Mrs. Martin.



Green Team news - INTRODUCING THE “BAG 2 SCHOOL” FUNDRAISER

HOW IT WORKS: Students (youngest/only) will be provided with a blue bag to fill with gently used clothes, towels or linens. Once the bag has been filled, parent/guardians may drop off the bag to the front foyer, inside the school entrance to be taken and stored until our final pick-up day. Bags will be collected and weighed, with a cheque will be issued based on the weight and total bags collected. ***We will only be accepting donations during the week of November 14th, and during our teacher/parent meetings and PA day on November 18th.*** You may also fill a regular garbage bag, but NO toys and NO electronics. More information will be sent home with the bags next week.

RE-USING & RECYCLING TEXTILES FACTS:

- The average North American discards over 65 pounds of clothing and textiles each year
- Extending the average life of clothes by just three months of active use would lead to a 5-10% reduction in each of the carbon, water and waste footprints
- The textile recycling industry recycles 93% of its waste, without producing any new hazardous waste or harmful by-products
- Recycled textiles may be broken down into insulation, upholstery stuffing, or ingredients in paper products - newspapers are traditionally called Rags because of the recycled fabric content

TERRY FOX’S DREAM LIVES ON AT LYNNDALE!!!

Congratulations Lynndale Heights for exceeding our goal of raising \$1000.00. We raised a grand total of \$1077.80!!!!!! Our pledge sheets and donations have been mailed to the Terry Fox Foundation, with 84 cents of every dollar going directly into cancer research. Thank you for all your efforts, and making our run day an inclusive, and fun event!

“Anything is possible if you try” – Terry Fox.

Student Council

Student Council speeches and elections were held on October 21. After thoughtful voting by grade 4 to 8 students, this is the Student Council executive for 2016 - 2017: **Bailey (President), Nyla (Vice-President), Teagan (Secretary) and Mackenzie (Treasurer).** The following students were elected by their class mates to act as classroom representative on Student Council: **Shandin and Domenic. (Mr. Storoschuk’s class), Olivia and Damian (grade 3/4), Aiden and Sarina (grade 4), Keira and Lorin (grade 4/5), Tyler and Noah (grade 5/6), Nick and Olivia (grade 6/7), Teresa and Nicole (grade 7/8), Adaya and Christopher (grade 7/8).** The Student Council will be very busy organizing Spirit Days and other student activities.

Nurturing your child's self-respect encourages respect for others

Respectful behavior makes classrooms peaceful and supportive places to learn. A child's ability to show respect depends on a key ingredient: a sense of self-respect. If children don't value themselves, they will find it hard to value and respect other people. They will also have trouble following the rules.

But how do you develop your child's sense of self-respect? Consider these factors:

- **Competence.** It feels great to be good at things. Give your child lots of chances to learn and practice skills—everything from reading to playing sports to doing chores.
- **Accomplishments.** Notice and compliment her progress. "You've read three books this week. Impressive!"
- **Confidence.** Encourage your child to stay positive through challenges. Display a "you can do it" attitude. Help her see mistakes not as failures, but as opportunities to learn.
- **Independence.** Let your child make age-appropriate choices. For example, "Would you like to organize your closet today or tomorrow?"
- **Support.** Show that you accept, appreciate and love your child for who she is. Ask about her day. Listen to her answers.
- **Imitation.** If you have self-respect, your child is more likely to have it, too. Be kind to yourself and believe in your worth.



Work on working together

Class discussions, group projects and group activities all require students to work with one another. In order to succeed, your child needs to have strong social skills. To reinforce these skills at home:

- **Talk about what it takes** to be a friend—being honest, kind and a good listener, etc. Role-play with your child.
- **Practice cooperation.** Do projects together, such as planning a family meal.
- **Teach your child** to be a good sport, whether he wins or loses.

Power down screen time

Small changes can have a big impact when it comes to keeping your child's recreational screen time under control. You can:

- **Set limits.** Make sure she has time for homework, reading, family and play.
- **Turn the TV off** if no one is watching.
- **Keep electronic devices** out of your child's bedroom.

Source: "Generation M2: Media in the Lives of 8- to 18-year-olds," Kaiser Foundation, nismc.com/reduce.



November 2016

at Lynndale Heights

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 – DAY 3	2 – DAY 4 Chicken lunch.	3 – DAY 5 Pizza.	4 – DAY 1	5
6	7 – DAY 2	8 – DAY 3	9 – DAY 4 Chicken lunch.	10 – DAY 5 Pizza.	11 – DAY 1 Remembrance Day (assembly in gym, at 12 noon).	12
13	14 – DAY 2 "Bag 2 school" begins.	15 – DAY 3	16 – DAY 4 Chicken lunch. Progress Reports go home.	17 – DAY 5 Pizza. Parent/Teacher conferences 3:30 – 8:00 pm.	18 PA DAY Parent/Teacher conferences 8:30 – 12 noon.	19
20	21 – DAY 1	22 – DAY 2	23 – DAY 3 Chicken lunch.	24 – DAY 4 Pizza. Parent Council meeting at 7:00.	25 – DAY 5	26
27	28 – DAY 1	29 – DAY 2	30 – DAY 3 Chicken lunch.		In case of school closure, due to inclement weather, etc., we are in Zone 1.	

notes

Friday, December 23 is the last school day for 2016.

Monday, January 9 is the first school day for 2017.