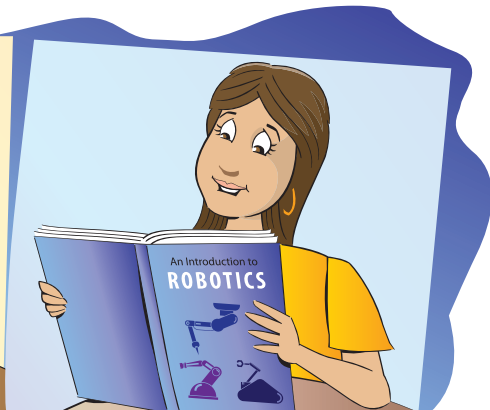
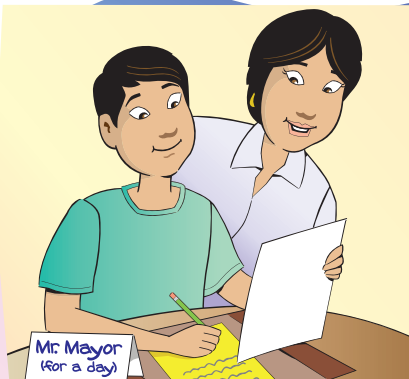
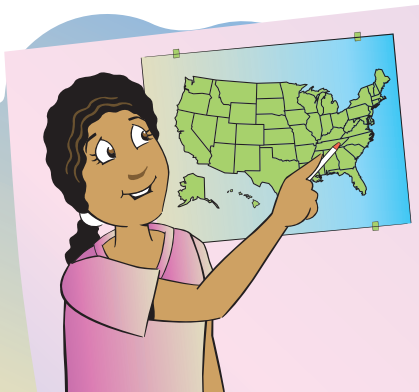


Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

February 2017

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Watch a TV commercial with your child. Talk about the techniques it uses to influence people.
- 2. Review your child's schedule. Is he too busy for homework and family time? If so, it's time to make some changes.
- 3. Challenge your child to create her own cartoon character. What would it look like?
- 4. Tell your child about something you did in middle school that you would do differently now.
- 5. Say a sentence and ask your child to classify it as *fact* or *opinion*.
- 6. To get your child to open up, ask specific questions.
- 7. Give your child the facts about sex and discuss your family's values about it.
- 8. Watch a travel program with your child. Talk about places you'd each like to visit.
- 9. Help your child see the good in others. Focus more on people's strengths than their weaknesses.
- 10. Call the family of one of your child's friends. Make plans for both families to do something together.
- 11. Visit a new place with your child, such as a park or a museum.
- 12. Let your child make a decision for the family today.
- 13. Teach your child how to read a road map.
- 14. Find three ways to show your child your love.
- 15. Ask your child to organize the books in your home.
- 16. Exercise gives kids the energy to stay alert when they study. Children who exercise sleep better, too.
- 17. Ask your child to make a graph of family habits. How long does each person sleep? Who reads the most?
- 18. Find out who your child chats with online.
- 19. Enjoy an outdoor activity with the whole family today. Then come inside for a cup of hot chocolate.
- 20. Talk about stereotypes with your child. Discuss why they're unfair.
- 21. Ask your child, "Is there anything you wish you understood?" Then research the topic together.
- 22. It's George Washington's birthday. Washington was known for being honest. Talk about honesty with your child today.
- 23. Exercise your child's memory. Ask him if he remembers what he ate yesterday. The day before?
- 24. If you hear a compliment about your child, be sure to pass it on. Kids need positive feedback.
- 25. Think of someone you and your child admire. Post that person's picture somewhere in your home.
- 26. Ask your child about a book or article she read recently.
- 27. With your child, think of as many city nicknames as you can: Windy City (Chicago), Mile High City (Denver). Then look up some more.
- 28. Urge your child to take notes in every class. Teachers usually discuss information that will be on a test.



Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School