

# Daily Learning Planner

*Ideas parents can use to help students  
do well in school*

Grand Erie District School Board  
Growing Excellence ... Inspiring Success



THE  
**PARENT**  
INSTITUTE®

## September 2018

## Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Give your child a calendar. Encourage him to write down assignment due dates, activities and school events.
- ☐ 2. Set aside time for a weekly family meeting. Talk about family news and goals, and celebrate successes.
- ☐ 3. Choose a place to keep library books. Your child will always be able to find something to read.
- ☐ 4. Many middle schoolers are embarrassed by parental affection in public. But they still like hugs at home!
- ☐ 5. Ask your child to name three things she learned over the summer.
- ☐ 6. Be sure to attend back-to-school night. Parent involvement is still important in middle school.
- ☐ 7. Ask your child how he would handle peer pressure to drink or smoke. Role-play some scenarios together.
- ☐ 8. Consider giving your child a budget for school clothes. It teaches financial management and helps you avoid arguments.
- ☐ 9. Help your child set a school-related goal. Have her write down the steps she'll take to reach it and post her plan in a visible spot.
- ☐ 10. Attendance at school is important. Let your child stay home only when he's sick or it's an emergency.
- ☐ 11. Discuss a time when your values helped you make a decision.
- ☐ 12. Post a list of important school telephone numbers where you can find it easily.
- ☐ 13. Enjoy some physical activity with your child today.
- ☐ 14. Talk to your child about bullying. Has she ever been bullied at school? Has she ever been unkind to another student?
- ☐ 15. Ask your child to tell you about one of his teachers.
- ☐ 16. Before letting your child see a movie, read reviews or see it yourself.
- ☐ 17. Make tonight Kids Night in the kitchen. Help your child pick out a kid-friendly recipe to try.
- ☐ 18. Ask your child who her role models are and why.
- ☐ 19. Is your child's room messy? Set the timer for a 15-minute pickup blitz before he goes out.
- ☐ 20. Ask your child to suggest nutritious snacks to keep on hand.
- ☐ 21. Share an article or comic strip you think your child will enjoy.
- ☐ 22. Help your child open a bank account. Explain how to keep track of withdrawals and deposits.
- ☐ 23. Go for a walk as a family and look for seasonal changes.
- ☐ 24. Help your child find a school extracurricular activity that interests her.
- ☐ 25. Encourage your child to create a decoration for his room.
- ☐ 26. Learn a new word today at breakfast. Challenge family members to use it three times during the day.
- ☐ 27. Ask your child, "Is it more important to *be the best*, or *do your best*?"
- ☐ 28. Has your child had a rough week at school? Go out together for a treat.
- ☐ 29. Help your child make a planning sheet for a large school project.
- ☐ 30. Talk with your child about honesty and why it is so important. Discuss examples of people who demonstrate honesty.

**Helping Students Learn**  
Tips Families Can Use to Help Students Do Better in School

MIDDLE SCHOOL