

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Tell your child about a time when your values helped you make a decision.
- ☐ 2. Have your child spend 10 minutes at night preparing for the next day.
- ☐ 3. Start a family bulletin board. Encourage everyone to post articles, comics and photos they find interesting. Talk about what you see there.
- ☐ 4. Today is the birthday of Rosa Parks. Learn more about this Civil Rights activist.
- ☐ 5. Cut out small paper hearts. Each day, write a reason you love your child on one. Tape them together to make a chain.
- ☐ 6. Ask your child to tell you what *success* means to her.
- ☐ 7. Ask your child to keep a study log. Have him record the time he spends at home studying each subject. When grades come out, compare.
- ☐ 8. Let your child invite friends to stay for a family dinner. It's a great way to learn more about her peer group.
- ☐ 9. Is your child's room messy? Challenge him to a 15-minute pickup blitz before he goes out with friends.
- ☐ 10. Avoid power struggles with your middle schooler. Too much parental control can cause rebellion.
- ☐ 11. Teach your child to think about how her decisions could affect her as well as others.
- ☐ 12. Monitor your child's internet use—just as you pay attention to the TV he watches.
- ☐ 13. Tonight, leave a valentine where your child will find it in the morning.
- ☐ 14. Serve your child's favorite breakfast today.
- ☐ 15. Ask to see your child's homework.
- ☐ 16. Make opportunities for your child to write. Have her make a grocery list or take a message, for example.
- ☐ 17. Talk to your child about a local issue that you feel strongly about.
- ☐ 18. Exercise your child's memory. Can he remember what he ate yesterday? Two days ago? Challenge each other.
- ☐ 19. Praise something about your child's behavior today.
- ☐ 20. If your child loses an item, give her some responsibility for replacing it.
- ☐ 21. Cook dinner as a family.
- ☐ 22. Tell your child a family story. Try to think of one that teaches a lesson.
- ☐ 23. Suggest your child keep a notebook handy when he's reading. He can write down words he wants to look up in the dictionary.
- ☐ 24. Discuss a controversial issue with your child. Ask, "What do you think?"
- ☐ 25. Have a conversation with your child about what the world would be like if there were no rules.
- ☐ 26. Play a game with your child that uses math skills, such as a gin rummy, dominoes or chess.
- ☐ 27. As a family, brainstorm about a problem. Family members can voice any solutions that come to mind.
- ☐ 28. Encourage healthy eating. Allow your child to choose any fruit or vegetable at the grocery store.

Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

