

# Small changes, big differences.



## Triple P, Positive Parenting seminar (for parents of children 0-12 years)

### Raising Resilient Children

- Seminars are relaxed sessions that tackle some of the most common family challenges.
- Triple P is one of the few parenting programs in the world with evidence to show it works.
- How can you help your child manage their emotions so they cope well with disappointment and in stressful situations?

**Date: Tuesday January 23rd**

**Time: 6:30pm-8:00pm**

**Venue: Your School**

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#### BOOKINGS AND INFORMATION

Please fill out a registration form at the main office of your school.

[www.triplep-parenting.net](http://www.triplep-parenting.net)