COVID-19 Symptoms at School (Brant County Health Unit)

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Principal: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_**

Please note:The guidance for schools will be reviewed regularly and may change, based on the most up-to-date, evidence-based data and information.

GROUP #1 SYMPTOMS – New or Worsening

* **Fever and/or Chills**
  + Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or greater
* **Cough**
  + More than usual (if chronic cough), including croup (barking cough, making a whistling noise when breathing)
  + Not related to other known causes or conditions (e.g., asthma, reactive airway)
* **Shortness of Breath**
  + Dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath
  + Not related to other known causes or conditions (e.g., asthma)
* **Decrease or Loss of Smell or Taste**
  + New olfactory or taste disorder
  + Not related to other known causes or conditions (e.g., nasal polyps, allergies, neurological disorders)

Next Steps and Direction from the Ministry of Health for Group #1 Symptoms

*From the COVID-19 Screening tool for Children in Schools and Child Care*

* Your child should stay home to isolate immediately.
* Contact your child’s health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

The BRANT COUNTY HEALTH UNIT is also directing the following additional measures:

* Siblings of symptomatic students also need to be dismissed.
* If students have symptoms, they need to isolate while waiting for their test results. Members living in the same household as the sick student also need to self-isolate while awaiting the student’s test results.
* If a symptomatic student does not get tested, everyone in the household needs to self-isolate for 14 days.

Reminder: Daily COVID-19 Screening

* **All Grand Erie staff and students are required to conduct daily self-assessments before arriving at school.**
* Use the Ontario COVID-19 School Screening Tool here: <https://covid-19.ontario.ca/school-screening/>
* For More Information: COVID-19 FAQs: [www.granderie.ca](http://www.granderie.ca)

GROUP #2 SYMPTOMS – New or Worsening

* **Sore Throat**
  + Painful swallowing or difficulty swallowing
  + Not related to other known causes or conditions (e.g., post nasal drip, gastroesophageal reflux)
* **Stuffy Nose and/or Runny Nose**
  + Nasal congestion and/or rhinorrhea
  + Not related to other known causes or conditions (e.g., seasonal allergies, returning inside from the cold, chronic sinusitis unchanged from baseline, reactive airways)
* **Headache** 
  + That is new and persistent, unusual, unexplained, or long-lasting
  + Not related to other known causes or conditions (e.g., tension-type headaches, chronic migraines)
* **Nausea, Vomiting and/or Diarrhea**
  + Not related to other known causes or conditions (e.g. transient vomiting due to anxiety in children, chronic
  + vestibular dysfunction, irritable bowel syndrome, inflammatory bowel disease, side effect of medication)
* **Fatigue, Lethargy, Muscle Aches or Malaise**
  + General feeling of being unwell, lack of energy, extreme tiredness, poor feeding in infants) that is unusual or unexplained
  + Not related to other known causes or conditions (e.g., depression, insomnia, thyroid dysfunction, anemia)

Next Steps and Direction from the Ministry of Health for Group #2 Symptoms

*From the COVID-19 Screening tool for Children in Schools and Child Care*

**If ONE of the symptoms noted above:**

* Your child should stay home for 24 hours from when the symptom started.
  + If the symptom is improving, your child may return to school/child care when they feel well enough to do so. A negative COVID-19 test is not required to return.
* If the symptom persists or worsens, contact your child’s health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

**If TWO OR MORE symptoms noted above:**

* Your child should stay home to isolate immediately.
* Contact your child’s health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment.

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