

HALDIMAND-NORFOLK

# REACH

## CHILD CLINICAL SERVICES

### CHILD & YOUTH CRISIS SERVICE

24 HOURS/DAY, 7 DAYS A WEEK | 1.866.327.3224

We provide a **FREE** local crisis line, 24 hours a day, 7 days a week for children, youth and their families who are in need of support.

Callers will receive immediate telephone support and follow-up as needed with one of our Crisis Support Workers.

We consider crisis to be self-defined. If you find yourself experiencing worries, mental health struggles, conflict in your relationships or feeling alone please know we are just a phone call away. Our service is confidential and you do not have to identify yourself if you choose not to.

**Call: 1-866-327-3224, 24 hours a day, 7 days a week**

**ELIGIBILITY:** Anyone up to 18 years old, their families/caregivers or if you are concerned about the mental health of a child or youth

### CALL-IN THERAPY CLINIC

TUESDAYS, 9:00AM – 3:00PM | 519.410.1502

The H-N REACH Child Clinical Services Walk-in Therapy Clinic will be a **CALL-IN Therapy Clinic** available to children, youth and their families during measures to address the COVID-19 pandemic.

Simply call this new dedicated phone line on Tuesdays between 9:00 a.m. and 3:00 p.m. **519-410-1502**

**Call-in Therapy** can assist to come up with ideas to address a concern or different helpful ways to think about things. With your permission you will receive a Conversation Summary highlighting the key points discussed and ideas to practice. **This service is FREE**

Prior to calling please try to find a private and quiet location from which to speak.

**PLEASE NOTE:** This is not a crisis service. If you or someone you know up to 18 years old and their families/caregivers is experiencing a crisis please call the Child & Youth Crisis Service at 1-866-327-3224 for immediate telephone support.



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**REACH**

*Supporting children, families, communities*

**[HNREACH.ON.CA/](https://HNREACH.ON.CA/)**