

## **Haldimand-Norfolk REACH:**

### **CHILD CLINICAL CALL-IN THERAPY CLINIC AVAILABLE**

Starting March 31st, 2020 the Walk-in Therapy Clinic will be a **Call-In Therapy Clinic** available to children, youth and their families during measures to address the Covid-19 pandemic.

Contact this new dedicated phone line **519-410-1502** on Tuesdays between 9:00 a.m. and 3:00 p.m. to start a 55 minute phone therapy session with one of our Child Clinical Therapists.

- **Call-in Therapy** can assist to come up with ideas to address a concern or different ways of thinking about things that helps. With your permission you will receive a Conversation Summary highlighting the key points discussed and ideas to practice.
- **This service is Free**, Prior to calling please try to find a private and quiet location from which to speak.

Please note: This is not a crisis service. If you or someone you know up to 18 years old and their families/caregivers is experiencing a crisis please call the Child & Youth Crisis Service at 1-866-327-3224 to assist with receive immediate telephone support.

### **HALDIMAND & SIX NATIONS: Caring Cupboards & Food Banks**

<b>Caledonia and District Food Bank</b> 103 Inverness St, Unit 4, Caledonia, ON N3W 1B1	905-765-9287
<b>Cayuga Food Bank</b> 8 McKay St W, Cayuga, ON N0A 1E0	289-370-0320
<b>Hagersville Food Bank</b> 5 Marathon St, PO Box 525, Hagersville, ON N0A 1H0	289-758-3789
<b>Jarvis Caring Cupboard</b> Christ Church, 136 Rainham Rd, Nanticoke, ON N0A 1L0	289-377-8555
<b>Salvation Army (The) - Dunnville - Community and Family Services - Food Bank</b> 217 Broad St E, Dunnville, ON N1A 1G1	1-866-882-9910 Ext. 21
<b>Six Nations Food Bank:</b> Thursdays 9:30 a.m. - 5 p.m. Pick-Up and Drop Off available, Call if you need Drop Off.	519-771-0025

Six Nations Emergency Food: Monday to Friday 8:30 a.m.-  
4:30 p.m. Call or TEXT: 519-717-3402

## **NON-EMERGENCY MEDICAL CARE CONTACTS**

Telehealth Ontario: 1-866-797-0000

HNHB/LHIN: 1-800-810-0000

## **SIX NATIONS SUPPORTS**

**Jordan's Principle** is available to help with challenges some Six Nations & New Credit families are facing due to COVID-19. Children & youth and their families may be struggling with childcare, access to goods and services, illness or anxiety. Jordan's principle funding can help to offset costs during these difficult times.

Please contact the Jordan Principle hotline at **1-855-572-4453** or visit [www.canada.ca/jordans-principle](http://www.canada.ca/jordans-principle)

Children under the age of 18 that require immediate assistance, please contact the Jordan's Principle navigator, Kurtis Martin at **(519)732-9831** or visit [kurtismartin@sixnations.ca](mailto:kurtismartin@sixnations.ca)

## **ADDITIONAL MENTAL HEALTH CRISIS SUPPORTS:**

**Six Nations Crisis Line:** 24 hours a day 1-866-445-2204 or 519-445-2204

**Kids Help Phone:** 24 hours a day 1-800-668-6868 or TEXT 686868

## **OTHER SIX NATIONS SUPPORTS:**

- The fees for Six Nations housing ***rental units are being waived*** for the month of April.
- Six Nations Public works is doing ***free septic sanitation pump outs***.
- Public works gave ***1000.00 credit to all water key fob holders***.
- Asap & Wilsons water haulage deliver ***free water fill up for cisterns***.
- Social Services Counsellors are on hand for their clients and calling to check on the well-being of their clients.

- Visit Six Nations Council website there will be a covid19 link and it will have more services listed on there with crisis hotlines and such.

[www.sixnationscovid19.com](http://www.sixnationscovid19.com)