

Student Services Update #5

THE MAY & JUNE NEWSLETTER



What a Year!

Well done Wolves! The end of the 2021-2022 school year is just around the corner. And this year is a true testament to your adaptability and resiliency if there ever was one.

We started the year with quadesters and covid restrictions. We were participating in remote learning in January. February saw a switch to semesters. For the first time in two years, we returned to in-person learning after a Spring Break holiday. And, we are currently experiencing reduced covid restrictions within the school as well. Talk about your year of change!

Sports are running, fieldtrips are heading off, clubs are meeting, Prom is happening and Track n Field Day is being planned! Oh and we have our first school dance AND the cafeteria is back! Life is good in the Wolf Den!!

As this year winds up, Student Services is hard at work preparing for next year.

Timetables will be started in May and June, but not available to students until August. This is our traditional approach as often there are changes that happen behind the scenes during the summer months.

Our ultimate goal would be to have timetables in the hands of **all** students before they leave us, but that is not always possible, as we have experienced these past few school years.

When students receive their timetables in late August, they are also able to request any changes that they may wish to make. These requests are made using the traditional Timetable Change Request Form. These forms are made available to **all** students when timetables are given out.

We are not quite sure if they will be handed out in-person or online - so stay tuned for more information as we get closer to August.

Enjoy your summer break and can't wait to see you back in September!

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A hand holding a pineapple against a beach background. The pineapple is green and yellow, with its crown of leaves visible. The hand is holding the bottom of the pineapple. The background is a soft-focus image of a beach with waves and a sandy shore under a bright sky.

WHY TAKE SUMMER SCHOOL?

It provides students with various opportunities to:

- earn full and half credits
- change to different streams or pathways
- improve marks
- recover a failed or missing credit
- reach ahead to lighten future course loads
- complete a co-op course (regular or for SHSM qualifications)
- try a class/topic you've always been interested in!

Registration information will be sent to students and parents/guardians in the month of June!

Graduation Information

Volunteer Hours

Before Spring Break in March, all students who did not have the required number of hours submitted to the main office, were notified via a letter, hand delivered by the Vice-Principal. This letter contained information telling them how many hours the system had logged, and provided some ideas on how to complete them.

In April, students who were still short on their hours were given another reminder, this time in the form of a self-addressed volunteer hour form, with a note attached stating the number of hours on record.

All graduating students NEED to have their hours into the main office BEFORE they leave for Summer Break. This is because the composite photo is printed by the company during the summer months. If there are not enough hours logged before summer break, we cannot put them on the composite.



**IMPORTANT
MESSAGE!!!**

3 Things to Remember!

- 1. Submit Volunteer hours*
- 2. Fill out information form*
- 3. Pay your fee!*

Graduation Fee

All graduating students are reminded to pay their Graduation Fee. This fee helps to cover the cost of the materials used for graduation, and the maintenance of the graduation gowns. This fee can be paid through School Cash Online. If you have any questions about this fee, please contact the Main Office.

Personal Information Form

Since our Graduation ceremony is in the Fall, we ask that all students who are graduating fill out this short survey:

<https://forms.gle/XiRmgjgbxMqcJ6Jc8>

This survey provides the Student Services Department with information that we can use to update you on the ceremony details, contact you if you are unable to attend, and lets us know what your plan for next year is.

Please note: the Graduation Ceremony for the Class of 2022 will be HELD IN PERSON!



THE RECAP

SEPTEMBER 2022 COURSE SELECTIONS

By now all students have completed their course selections for September 2022.

Students currently in Gr 8 to Gr 12 had the chance to log into their MyBlueprint account and send in their selections for next year. Here at WDHS we provided:

- class wide presentations before Winter Break
- the opportunity to select (but not submit) courses over the Winter Break, and throughout January
- class wide presentations in February that outlined all of the opportunities at WDHS and the submitting procedure
- small group sessions for those students who were absent for the class wide presentations
- phone calls home and virtual teams sessions for those that required them

We kindly ask that the confirmation sheets are returned to the school, signed by a parent/guardian. Should a student wish to alter their choices after submitting them, they simply need to write any changes directly on the signed confirmation sheet.



VOLUNTEER HOURS

Just a reminder to ALL students:

Summer break is an excellent time to work on those volunteer hours!

DO NOT LEAVE THEM TO THE LAST MINUTE!

If you would like copies or the forms and/or information on what can and cannot be counted as volunteer hours, please refer to the **Sept/Oct Student Services Update magazine**. There you can find hyperlinks to the specific forms you need!

Book ORDERS

INFOBOOK "LIBRARY" NOW OPEN

Students can request to borrow material from Student Services. These books will be extremely helpful in assisting students with their after high school plans.

College/University Program Guides

- tell students the requirements for specific programs
- give examples of the classes they will take
- explain the application process
- we have information from Ontario, Western Canada, Eastern Canada, and American schools

Apprenticeship Booklets

- tell students how they can start their apprenticeship while STILL in high school

If we are missing any schools or topic areas - just make a request and we will find it for you!

SUPPORT STAFF @ WDHS



All WDHS students have access to a registered Public Health Nurse. Unfortunately, due to covid, their services are happening on an as requested basis. Students simply need to make contact with the Public Health Nurse.

If any student - or their friend - has a question(s) about:

- What does healthy eating look like and where can I access free food?
- I am thinking about quitting smoking and/or vaping
- I have been feeling anxious, depressed, and I often have thoughts of suicide
- I have been questioning my sexual orientation
- I don't see eye to eye with my parent(s) and all we do is fight
- I'm worried I might have an STI
- I am thinking about having sex for the first time - what do I need and what do I need to know?

The Health Nurse can help with these topics - and many more!

To book an appointment, simply text 519-429-0908.



GEDSB provides every high school with access to a social worker (SW). Students are able to connect with a SW to help them with a variety of topics. Should any WDHS student wish to speak with our social worker, they need to **contact Ms Dulmage first**.

WDHS also has access to an Addictions Counsellor as well. They can receive assistance in dealing with their substance use and/or problem gambling, or how they are affected by another's addictions. To connect with the Addictions Counsellor, students **must contact Ms Dulmage**.



STAR COUNSELLOR

The STAR program provides support to all high school students who have; witnessed abuse, experienced abuse in a dating relationship, disclosed sexual assault/abuse, experienced other forms of abuse in peer relationships (bullying, harassment), or to help a friend who may be experiencing abuse.

If you (or a friend) have questions about:

- What does a healthy relationship look like?
- My partner is constantly calling me names, making fun of me and putting me down - is this normal?
- I was drunk and I don't remember hooking up - was I raped?
- I feel like my friends keep targeting me on social media ... but they say they are just joking. What should I do?
- My friend told me that they were abused - where can they get help?
- I hate going home! The violence, name calling, threats - it never stops. Am I the only one?

The STAR Counsellor can help with these topics - and more! **To book an appointment, please contact: haley@hnws.on.ca, call 519-805-8188 x 201 or 1-800-265-8076 (crisis)**