

## Stay home when you are sick

When children are sick, it is difficult for them to learn and participate in school and activities. Home is the best place for your child if they have any new symptoms of illness.

They can return to school and activities when they feel better for at least 24 hours (48 hours for nausea, vomiting or diarrhea) and they do not have a fever.

Thank you for taking care of your community!

Adapted with permission from Middlesex-London Health Unit