



**FEBRUARY
1 - 27**

King George School is participating in

BRANT FOOD FOR THOUGHT'S

GREAT GRAIN RACE

Help King George School **WIN** the race by being the school to bring in the most grain product for your Student Nutrition Program between Feb. 1 Feb. 27

1st Place - \$300.00 Grocery Gift Card

2nd Place - \$200 Grocery Gift Card

3rd Place - \$100 Grocery Gift Card

(See back of flyer for List of Acceptable Food Donations)

LIST OF ACCEPTABLE SHELF STABLE FOOD DONATIONS THAT MEET THE MINISTRY GUIDELINES FOR STUDENT NUTRITION PROGRAMS

*Reminders:

- Check labels for allergen information. Avoid products containing nuts.
- Products that are sugar coated, yogurt covered, contain marshmallows or any form of chocolate are NOT permitted.

CEREALS:

General Mills - Cheerios - (Yellow box Original or Multigrain)

Kellogg's - Special K Granola, Just Right

Quaker: Oatmeal Squares Original, Life Original

Post: Shreddies (Original/Honey), Honey Bunches of Oats.

CRACKERS:

Christie: Triscuits (all varieties)

Great Value: Woven Wheats

Breton: Breton Bites (all varieties)

Pepperidge Farm: Gold Fish Wholegrain & Goldfish Wholegrain Colors

Nabisco: Honey Graham Mini Crackers

GRAIN BASED BARS:

Made Good Bars - Strawberry or Mixed Berry

Quaker Chewy Bars: Apple Fruit Crumble & Peach, Strawberry

Nature Valley: Lunch Box Granola Bar - Berry

