

What is a Specialist High Skills Major (SHSM)?

An SHSM allows students to customize their high school experience to fit career interests. Offered in grade 11 and 12, an SHSM allows students to receive a specialized high school diploma that is recognized in various economic sectors in all four pathways.

What does an SHSM look like?

An SHSM is a bundle of 8 to 10 grade 11 and grade 12 credits that include two Experiential Learning (Co-op) credits.

What do you get by taking an SHSM?

- Sector-recognized certifications and training
- Real workplace experience
- Learning experiences connected with postsecondary opportunities
- Skills and work habits required for employment success



Grand Erie...

More Programs, More Choices

Specialist High Skills Major

The Sports Program Fitness Focus

North Park Collegiate-Vocational School

The North Park Sports SHSM is designed for students who have expressed an interest in careers such as recreation, kinesiology, sports training, fitness and leisure, and who want a "leg up" in their post-secondary pathway.

"I like that we get to do so many different activities, like the Mohawk Fitness Challenge. We've also been able to experience different exercises, canoeing, swimming, coaching and leadership. I've really enjoyed the Sports SHSM and how it's provided many health benefits."

Eric Conway (Grade 12 student)

Benefits of the Sports Program:

- Certifications include: CPR, First Aid, WHMIS, AED and sports related training
- Reach Ahead Opportunities like industry visits, college and university visits, and other relevant field trips
- Open minds and expand ideas concerning sports, fitness and nutrition
- Take multiple physical education courses
- Exposure to potential careers in the sports related field

