

# LANSDOWNE-COSTAIN

## PUBLIC SCHOOL



21 Preston Boulevard  
Brantford, Ontario  
N3T 5B1

519-753-0390

[granderie.ca/lansdowneps](http://granderie.ca/lansdowneps)

**Principal**

**Debra Skoretz**

[debra.skoretz@granderie.ca](mailto:debra.skoretz@granderie.ca)

**Office Coordinator**

**Wendy Wardle**



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@lan\_lions



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Lansdowne-Costain Public  
School

## SEPTEMBER 2017

PLEASE REMEMBER, LANSDOWNE -COSTAIN SCHOOL IS A NUT FREE SCHOOL

### From the Principal's Desk...

Welcome to a new school year! The staff of Lansdowne-Costain School is looking forward to the new school year, filled with a variety of learning opportunities. I would encourage all of our families to become as actively involved with our school as possible. Your support is welcome and needed to help us provide the wide range of experiences we want to make available to our students. Please see the "Volunteer Form" sent home last week.

On the next page, you will find the names of our full staff. Most names you will recognize from past years; however, there are a few new names and new roles.

I know that we are going to have an excellent year at Lansdowne-Costain School. We strive to provide an outstanding education for your children and many opportunities to grow emotionally and socially. I look forward to working with you over the 2017 -18 school year.

### SCHOOL HOURS

8:40-8:50 a.m.	Supervision on school yard
8:50 a.m.	Classes Begin
8:50 - 10:30 a.m.	Teaching Block 1
10:30 - 11:10 a.m.	1st Nutrition Break
11:10 - 12:50 p.m.	Teaching Block 2
12:50 - 1:30 p.m.	2nd Nutrition Break
1:30 - 3:10 p.m.	Teaching Block 3
3:10 p.m.	Dismissal

**Students eat during the first half of the Nutrition Break and then go outside for recess for the second half of the break.**

**PLEASE NOTE THERE IS NO SUPERVISION ON YARDS BEFORE 8:40 AM.**

## **Lansdowne-Costain Staff 2017-2018**

Principal	Mrs. Debra Skoretz
Secretary	Mrs. Wendy Wardle
Kindergarten	Ms. Jennifer Hysert
DECE	Mrs. Shannon Berardi
Kindergarten	Mrs. Jennifer Adlam
DECE	Ms. Stacey Dmetruic
Grade 1/2	Mrs. Natalie Petrella
Grade 1/2	Mrs. Amanda Birley
Grade 2/3	Mrs. Julia Miedema
Grade 3/4	Ms. Jennifer McColl
Grade 4	Mrs. Lori Newsome
Grade 4/5	Mr. Chris Saldarelli
Grade 5/6	Ms. Anne Goodrow
Grade 7	Ms. Brenda Skipper
Grade 8	Mrs. Cynthia Aldred
Librarian/Prep	Ms. Joanna Elliott
LRT	Mrs. Becky Salole
French	M. Michael Nicholas
Prep	Mrs. Angela Markle
Educational Assistants:	
	Mrs. Amy Millette
	Mrs. Marnie Murray
Day Custodian	Mr. Edward Petitti

## **Accident Insurance Requirements for Students**

A Memo on Accident Insurance Requirements for Students, the Annual Declaration of Accident Insurance (**green**) and the Insure My Kids brochure were sent home on the first day of school.

**Grand Erie District School Board requires that all parents declare whether or not they have accident insurance.**

## **Student Current Information Forms**

It is important that you read Student Information Forms (also referred to as "Elementary Registration Forms") over carefully and make the necessary changes to ensure our school records are current and accurate. Please pay close attention to any medical information that should be added or updated on the form. All **yellow** forms must be signed and returned to the school.

## **School Council**

Our ***School Council*** meets a minimum of six times per year. Parents play a critical role in the education of all Grand Erie students as well as help us meet our goal of Success for Every Student. They offer advice to the Principal and run many events including fund-raising.

**The first meeting for School Council is Wed., Oct. 11<sup>th</sup> at 6:00 PM. We meet in the staff room. Child Care is available in Room 6.**

Welcome Back Lansdowne–Costain Families! We hope that you all had a safe and enjoyable summer and enjoyed some quality time with your nearest and dearest! We look forward to reacquainting ourselves with you, and hope to meet some new faces!

Come out to see what we are all about. We love our volunteers!

Looking forward to an amazing 2017-2018 school year!

Sincerely,

Anna Nemeth, School Council Chair

## **Milk & Pizza Sales**

The week of September 25<sup>th</sup>, we will begin to run both our milk program and pizza days. **Milk** will be available at the second nutrition break for **\$1.00**. Students bring their money and buy milk themselves, no pre-ordering is necessary. Pizza sales will be held Wednesdays. **Pizza costs \$1.75 per slice**. All of the money made from milk and pizza sales is used to support events, activities, transportation and purchases that directly benefit students.

Mrs. Wardle has set up the School Cash Online for pizza. Information about School Cash Online is found on our School Website under the MORE section.

## A Note from Your School's Public Health Nurse...

### **Avoid School Suspension**

All children who are in school, between ages 4 to 17, need to be immunized according to [Ontario's Immunization Schedule](#). Getting immunized protects children from many serious diseases that spread quickly and easily in schools.

To attend school, children need to have proof of immunization against

- |              |              |
|--------------|--------------|
| - Tetanus    | - Pertussis  |
| - Measles    | - Diphtheria |
| - Meningitis | - Mumps      |
| - Polio      | - Varicella* |
| - Rubella    |              |

\*For children born in 2010 and later

Children who are not fully immunized or have not reported their immunization(s) to the health unit may be suspended from school.

### **What you need to do**

Check with your doctor or the health unit to make sure your child has all the immunizations needed to attend school. If your child has followed [Ontario's Immunization Schedule](#) then they will not be suspended.

Your doctor is not required to report your child's immunizations to the health unit. Reporting to the health unit is the parent's responsibility.

For more information, visit the Ministry of Health and Long Term Care website,

[www.health.gov.on.ca](http://www.health.gov.on.ca), and search "Immunizations for School Attendance" or call us at 519 753-4937 ext. 451.

### **Agendas**

Agendas were ordered for all students from grade 1 to grade 8. These are useful tools for students to learn planning and organizational skills, and to assist with all school-to-home-to-school communication. The profits from previous milk and pizza sales will offset the amount charged to each student. Please send **\$3.00** for the agenda to your child's teacher as soon as possible.

## Volunteers and Police Checks

We very much appreciate all of our volunteers, who help and support in so many ways at Lansdowne-Costain School. The Grand Erie District School policy dictates in order to ensure the safety of all our students, volunteers require a **police check** before they may work with students in any capacity. This includes classroom assistance, volunteer driving, and school organizations such as the Home and School Association and school trips. While we very much appreciate the efforts of our volunteers, **volunteers may not work with students in any capacity without providing a current (within 6 months) policy check which includes a vulnerable sector search.** Police checks are valid for two years. Please visit the office to receive a letter from Lansdowne-Costain School requesting a police check. If you present this letter to the police, they will reduce the fee.

### **YMCA NEWS**

#### **Before and After School Program!**

The YMCA is offering a before and after school program at our school! The morning component allows children to ease into their day. The afternoon component strikes the perfect balance between structured activities and free play. Snacks are provided by the program and are served in accordance to Canada's Food Guide.

The Kindergarten group will be in the Kindergarten area. The grade 1 – 6 are in Room 6 and the gym. Parents need to enter the school for pick-up and drop-off through the Kindergarten.

For more information, please contact the Brantford Family YMCA at 519-752-6568 x 101.

For those families requiring financial assistance please contact the City of Brantford directly at 519-756-3150.

## Facility Renewal in Lansdowne-Costain

Grand Erie schools received important facility upgrades, thanks to funds allocated for renewing and revitalizing buildings and spaces through this year's Facility Renewal Plan.

The plan, which also assists schools in raising funds for specific renewal projects, is intended to foster healthy learning environments for students, staff, and community members.

Our school is the recipient of upgrades through Pride of Place and a Community Partnership Incentive Plan

- Pride of Place: Fence removal and ramp installation to allow for safe exit to pathway through the loop. Installation of roller blinds in select rooms to meet standards for lockdowns.
- CPIP: Improvements to the Kindergarten Pen, including shade trees, benches, enclosed sandbox and raised garden bed
- Kindergarten upgrades: New windows in Mrs. Adlam's room, new Kindergarten Entry Door (still to be completed), and spiffing up the window seating in Ms. Hysert's room.

The Community Partnership Incentive Plan celebrates community involvement in our schools by matching funds raised by dedicated parents, students, and staff, up to \$10,000, for approved projects. Our school raised \$3, 500. Thank you to our school community for supporting us in raising these important funds.

You might have also noticed the roof work that was completed just before school opened in September. There is still some work to be completed on the upper gym walls at the front of the school. Once this is complete, the inside gym walls will get a fresh coat of paint.

## Drop-off/Pick-up Loop Guidelines

- The loop is for all students of Lansdowne-Costain, not just kindergarten students. However, other areas on Preston Blvd. or Parkside Drive may be more appropriate to drop-off/pick-up grade 4 to 8 students. **Please do not use the staff parking lot.**
- While in the loop, **do not leave your vehicle.** A staff member has been assigned to assist the kindergarten students into the pen. Students in grade 1 and higher are expected to walk onto the playground without a parent. If you feel a parent is required, you should not be using the loop. The delay will cause a problem with those who need to leave immediately. Please use alternate parking.
- Please pull up as far forward as possible so people can get their vehicles off the street.
- Children should only leave the vehicle from the right hand side (fence side) due to the other vehicles leaving the loop.
- If the loop is full, please be patient. The cars will be moving steadily in and out. If you need to, please park and walk your child in from the street.

**It is imperative that you do not stop or park on the left hand side of the loop. That area has to remain open so other vehicles can leave the area. All drop-offs need to occur on the right hand side only.**

- Pedestrians should use sidewalks at all times. Do not walk through the parking lot loop, or the staff parking lot, at any time.

**DRIVE SLOWLY** and watch for walkers when you cross the sidewalk.

Small changes,  
big differences.



## Triple P, Positive Parenting seminars (for parents of children 0-12 years)

- **Seminar 1:** The Power of Positive Parenting
- **Seminar 2:** Raising confident, competent children
- **Seminar 3:** Raising Resilient Children

**DATES:** October 18, 2017 (Seminar 1)

November 8, 2017 (Seminar 2)

January 24, 2018 (Seminar 3)

**TIME:** 6:00pm – 7:30pm

**VENUE:** Lansdowne-Costain School

**PRESENTERS:** Brenda Shiell BScN, RN,

Melanie LeBlanc BScN, RN (Seminars 1 and 2)

and Sarah Sweiger BScN, RN (Seminar 3)

### BOOKINGS AND INFORMATION

Please indicate your interest by contacting Lansdowne-Costain (519-753-0390). Book your spot now and let us know if you need childcare.

[www.triplep-parenting.net](http://www.triplep-parenting.net)



## Top ten tips for parents



- 1.** When your child wants to show you something, stop what you are doing and pay attention. It's important to spend frequent, small amounts of time with your child doing things that you both enjoy.
- 2.** Give your child lots of physical affection. Children often like hugs, cuddles, and holding hands.
- 3.** Talk to your child about things he/she is interested in and talk about your day too.
- 4.** Give your child lots of descriptive praise when they do something that you would like to see more of, e.g., "Thank you for doing what I asked straight away."
- 5.** Children are more likely to misbehave when they are bored so provide lots of indoor and outdoor activities for your child, e.g., building blocks, colouring, cardboard boxes, dress ups, play houses, etc.
- 6.** Teach your child new skills by first showing the skill yourself, then giving your child opportunities to learn the new skill. For example, speak politely to each other in the home.
- 7.** Set clear limits on your child's behavior. Sit down and have a family discussion on the rules in the home. Let your child know what the consequences will be if they break the rules.
- 8.** If your child misbehaves, stay calm and give them a clear instruction to stop misbehaving and tell them what you would like them to do instead (e.g., "Stop fighting; play nicely with each other.") Praise your child if they stop. If they do not stop, follow through with an appropriate consequence.
- 9.** Have realistic expectations. All children misbehave at times and it is inevitable that you will have some discipline hassles. Trying to be the perfect parent can set you up for frustration and disappointment.
- 10.** Look after yourself. It is difficult to be a calm, relaxed parent if you are stressed, anxious, or depressed. Try to find time every week to let yourself unwind or do something that you enjoy.

More information: [www.triplep-parenting.net](http://www.triplep-parenting.net)

# September



# 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	Labour Day	4 Day 1 First Day of School	5 Day 2	6 Day 3	7 Day 4	8
10 Day 5	11 Day 1	12 Day 2 Meet the Teacher 5:30 - 7:00	13 Day 3	14 PA Day	15	16
17 Day 4	18 Day 5	19 Day 1	20 Day 2	21 Day 3	22	23
24 Day 4 Milk Sales Begin Vesey Bulb Orders Due	25 Day 5	26 Day 1 Pizza Day	27 Day 2	28 Day 3 Orange Shirt Day	29	30
1	2	3	4	5	6	7