

## What is a Specialist High Skills Major (SHSM)?

An SHSM allows students to customize their high school experience to fit career interests. Offered in grade 11 and 12, an SHSM allows students to receive a specialized high school diploma that is recognized in various economic sectors in all four pathways.

## What does an SHSM look like?

An SHSM is a bundle of 8 to 10 grade 11 and grade 12 credits that include two Experiential Learning (Co-op) credits.

## What do you get by taking an SHSM?

- Sector-recognized certifications and training
- Real workplace experience
- Learning experiences connected with post-secondary opportunities
- Skills and work habits required for employment success



**Student Success**  
 A Grand Erie Program

*Grand Erie...*

# More Programs, More Choices

Specialist High Skills Major

## The Health and Wellness Program Wellness Focus

### Waterford District High School

The Health and Wellness program allows students to focus their learning on an array of health fields through a combination of classroom and hands-on learning. Students have the opportunity to use "real world" technology in their respective discipline, enabling them to be prepared citizens for the Health and Wellness sector.

*"This SHSM opened my eyes up to interesting careers I never knew existed and made me consider different options for my future." Paige Deschamps (Grade 12 student)*

### Benefits of the Health and Wellness Program:

- Seven industry-recognized certifications (safe-food handling, CPR, AED)
- Gain health related work experience to apply to your resume
- Participate in unique field trips like "Discovery Days" put on by Industry Associations
- Discover emerging health and wellness careers through field trips and guest speakers



Learn more information about Specialist High Skills Majors, visit [www.granderie.ca](http://www.granderie.ca)

