

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Ask your child how she feels the school year is going so far.
- 2. Help your child set a school-related goal. Have him write down the steps he'll take to reach it. Post his plan in a visible spot.
- 3. Take a compass along on a walk. Let your child keep track of which direction you're going.
- 4. Establish a regular bedtime for your child. Make it part of an overall nighttime routine.
- 5. Help your child practice math skills when you do chores together.
- 6. Teach your child about *empathy*. Help her think about how others feel.
- 7. Make a "school project kit" with your child. This can prevent last-minute shopping trips for supplies.
- 8. Take a trip to the library. Show your child a book you loved at her age.
- 9. Take a walk with your child today.
- 10. Help your child make a to-do list. When he completes an item, he should check it off.
- 11. Ask your child to tell you the difference between *wanting* something and *needing* something.
- 12. Help your child make a savings plan for a special purchase.
- 13. Let your child take over a new responsibility, such as watering plants.
- 14. Show your child how to divide large assignments into small parts.
- 15. Ask each member of your family to create a collage from magazine pictures. See if family members can guess who created which one.
- 16. When grocery shopping, have your child use math to find the best deals.
- 17. National School Bus Safety Week begins today. Review safety rules with your child.
- 18. Try something new with your child. Taste a new food. Listen to a new type of music. Visit a new place.
- 19. Teach your child a game involving strategy, such as chess or cribbage.
- 20. Browse through your child's textbooks. Talk about what he's studying.
- 21. Suggest that your child keep a TV log. Have her write down the programs she watches and what she thinks of them.
- 22. It's Make a Difference Day. Talk with your child about ways your family could make your community a nicer place.
- 23. Learn a magic trick with your child.
- 24. With your child, do something kind for a neighbor, such as delivering dinner or raking leaves.
- 25. Provide some "personal space" for your child.
- 26. Let your child choose his chores from a list.
- 27. Give your child a genuine compliment before she leaves for school today. "You worked hard on that homework. You're really prepared!"
- 28. Ask your child about his most challenging subject. What might make it easier?
- 29. Help your child see her mistakes as learning opportunities.
- 30. Plan one-on-one time with your child today.
- 31. Choose a place to keep library books. It will help your child keep track of them.



Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School