

# Daily Learning Planner

*Ideas parents can use to help students  
do well in school.*

Grand Erie District School Board  
Growing Excellence ... Inspiring Success



THE  
**PARENT**  
INSTITUTE®

## November 2016

## Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Discuss recent world events at the dinner table.
- 2. Talk with your child about the consequences of breaking family rules.
- 3. Have your child gather information from several places where he would like to volunteer.
- 4. Have your child pack her backpack in the evening and set it by the door. This prevents frantic searches in the morning.
- 5. Visit the library with your child. Check out some books to read over the weekend.
- 6. Look through some job listings with your child. Does he see his dream job? What about it appeals to him?
- 7. Play a memory game with your child. Try to remember things you each did the day before yesterday.
- 8. Listen to your child's favorite song. Ask what she likes most about it.
- 9. Practice estimating with your child. How many paper clips will fit in his hand? How long a chain will they make?
- 10. Make a list of healthy breakfast-on-the-go foods your child can grab on the way out the door.
- 11. It's Veterans Day in the U.S. and Remembrance Day in Canada. Talk with your child about respect for veterans.
- 12. Discuss one of your values with your child. Parents' opinions do matter to kids.
- 13. Say, "I love you" to your child at least twice a day. Before school and at bedtime are good times.
- 14. Ask your child to name her top three strengths.
- 15. Challenge your child to run a 30-yard dash. Time him. Ask him to keep practicing to improve his time.
- 16. Talk with your child about whether her classes are challenging enough for her.
- 17. Ask your child what he thinks high school will be like.
- 18. Make eye contact with your child while she talks.
- 19. Notice things that cause your child stress. Help him find ways to deal with them.
- 20. Encourage your child to drink water while studying. Being hydrated can boost alertness.
- 21. Make your home kid friendly with snacks and fun games.
- 22. Let your child help you research a major purchase. List important features and ask your child to find the best deal.
- 23. Ask your child to explain a homework assignment to you.
- 24. At dinner, have family members name three things they are thankful for.
- 25. Have your child tell you about historical figures she is studying.
- 26. Encourage your child to write a letter to a long-distance relative.
- 27. Ask your child, "How is school going outside of classes?"
- 28. Suggest that your child keep a homework diary. He can keep track of study methods he uses and how they work for him.
- 29. Ask your child how she decides who her friends will be.
- 30. Give your child some graph paper to use in math class. It will help him work with columns of numbers.



**Helping Students Learn**  
MIDDLE SCHOOL  
Tips Families Can Use to Help Students Do Better in School